HOW TO NAVIGATE TURBULENT TIMES IN A WHOLESOME WAY



The Open Path is pleased to welcome our founder Karma Sonam Senge

Our Daily life is bombarded with myriad forms of negativities. What can we do to overcome these obstacles to happiness? Come join us to explore techniques to develop an attitude that supports our goodness.



Karma Sonam Senge is a teacher of awakening, in the tradition of his principle teacher the Venerable Namgyal Rinpoche. Senge was ordained in the Karma Kargu tradition by His Holiness the 16th Karmapa and also by Sayadaw U Thila Wunta, in the Theravadin tradition.

At present, Lama Senge lives and teaches on an island off the coast of B.C. where he is writing, painting and practicing awareness.

CLASSES

Fridays, September 7th and 14th, 2018

7:00pm

BIBS, 660 N 9th Street; Boise

No admission charge, but donations for the teacher will be gratefully accepted

A **Vajra Sattva Empowerment** will be given **Sunday September 9th at noon**, followed by a potluck picnic. The ceremony will be held at the Open Path Retreat Land near Aldape Summit. For directions and other information, please call or text Paul Lingard at (208) 761-0764.