

Election Night Respite:

An Hour of Reflection on Loving Kindness and Equanimity, Tuesday, Nov. 8

Co-hosted by Idaho-Oregon Buddhist Temple and First Congregational Church. Join us for a break from the political news cycle to reflect on loving kindness and equanimity across the Shin Buddhist and Christian traditions. Tuesday, November 8, 2016, 7:00-8:00 PM, at the First Congregational Church (2201 Woodlawn Avenue, Boise).

I hope you will be able to join us.

In gassho (with palms together),
Kathy Chatterton
Minister's Assistant
Idaho-Oregon Buddhist Temple