

Taking Refuge in the Buddha, Dharma and Sangha

Treasure Valley Dharma Friends is pleased to present

Lama Jhampa Shaneman

April 1-3, 2016



Jhampa Shaneman, a renowned Buddhist teacher in the Tibetan tradition, will teach the meaning of taking refuge in the Buddha, Dharma, and Sangha.

For individuals that are new to Buddhism, these teachings will introduce what it means to become a Buddhist practitioner and to follow the teachings.

For experienced students, this is a great opportunity to refine one's understanding and sharpen one's practice.

At the last session, Jhampa will offer a refuge ceremony to those who want to take refuge for the first time or for those that want to renew their precepts.

Friday, April 1,	7:00 – 8:30 pm	@ LTTT Temple
Saturday, April 2,	10:00 – 12:00 am / 1:30 – 3:30 pm	@ LTTT Temple
Sunday, April 3,	10:00 – 12:00 am / 1:30 – 3:30 pm	@ TBA

LTTT Temple: 2312 W. Overland Road
TBA -- Potluck lunch, location to be announced

\$15 per session or \$60 for all

No one turned away for lack of funds

Treasure Valley Dharma Friends (TVDF) meets every Saturday at 10:00 a.m. at the LTTT Buddhist Temple located at 2312 W. Overland Road. The organization has been bringing renowned Buddhist teachers to Boise since 2001. TVDF promotes Buddhist practices such as meditation, book study and discussion groups. All are welcome.

On Facebook – Treasure Valley Dharma Friends