

**TREASURE VALLEY DHARMA FRIENDS PRESENTS:**  
**ENGAGING BUDDHISM – 2016**



**Engaging Buddhism is a conversation among beginning and advanced students.**

Each week we introduce an important aspect of Buddhist beliefs or practices to stimulate a conversation about the essential ideas within it and how it relates to contemporary life.

Beginning students will learn about Buddhism's basic tenants and how people relate to them in today's society. Advanced students will enjoy a chance to reflect on our foundation ideas.

Schedule: Saturday Mornings 10:00 a.m. – 11:00 a.m.

Location: LTTT temple, 2312 W. Overland Rd., Boise, Idaho.

Topics: February 6, 2016: The Four Noble Truths and Buddhist Worldview

February 13, 2016: Taking Refuge and the Life of the Buddha

February 20, 2016: Karma and Rebirth

February 27, 2016: Meditation, Calm Abiding and Analytical

March 5, 2016: Love and Compassion

March 12, 2016: Daily Practice, Meaning and Method

There is no charge and all levels of practitioners, including folks just exploring Buddhism, are welcome.