

The Heart of Compassion



Thirty-seven Verses on the Practice of a Bodhisattva. Commentary by Dilgo Khyentse. Weekly discussion and teaching presented by Scott Goolsby.

What would be the practical implications of caring for others and our own selves to our greatest capacity in every aspects of our existence? How does such action nurture the seed of awakening in our lives? How does this lead to a reality in which we see everyone as sacred and our own self as a priceless jewel? This is the objective put forth in this set of instructions, a training manual composed in the fourteenth century by the Buddhist hermit Ngulchu Thogme (1297-1391) with commentary by one of the greatest Tibetan Buddhist masters of the twentieth century, Dilgo Khyentse Rinpoche. These teachings encapsulate what it means to be a bodhisattva and show us how we can interact in the world with the greatest level of love, wisdom, insight, and compassion.

Dilgo Khyentse Rinpoche (1910-1991) is often regarded as one of the greatest Buddhist masters of the twentieth century. Rinpoche was instrumental in the preservation of many Buddhist teachings, oral transmissions, and Tibetan culture after the Chinese invasion of Tibet.

Scott Goolsby is a PhD candidate in Philosophy of Religion with an emphasis in Buddhism and Hinduism at the California Institute of Integral Studies in San Francisco, CA. He has been a practitioner of the Dharma and meditation for 20 years and is passionate about teaching others about Buddhism and the various religious traditions of the world.

**Beginning Sunday January 11, 2014 1:00 PM – 2:00 PM Heart of Dharma 2404 Bank Drive
#202 Boise, ID 83705 www.heartofdharma.org goolsby.scott@gmail.com**